

## Better water

2 ingredients · 2 minutes · 1 serving



### Directions

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1. Add apple and ginger to a 1L glass jar and fill with water. Place in the fridge to drink tomorrow.

### Notes

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#### Hibiscus

Beautifully colored and deliciously tart, definitely one of my favorite cold brews. Also good with ginger.

#### Other fruits that go well with ginger

pineapple, orange, lemon

#### Fruit teas

Cold brewing fruit tea has a different flavor than hot brewing it does. Add 1tbsp loose tea of any kind to your water, place in the fridge to drink tomorrow.

#### Mint

lemon balm, or any herbs really, are all delicious mixed with various fruits or on their own.

#### Don't like ginger

just don't use it, it isn't needed unless you like how it tastes!

### Ingredients

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**1/4** Apple (sliced thinly )

**1 tbsp** Ginger (sliced thinly)